

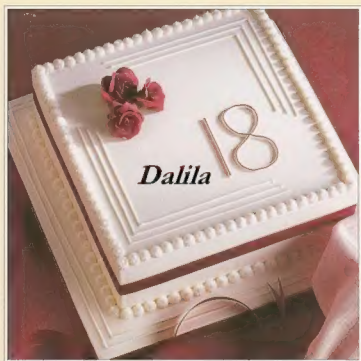
# *Classic* CAKE DECORATING

Rosemary Wodey • Carol Hurdle

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Rosemary Wadey • Carole Handslip



*Classic*  
**CAKE DECORATING**

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# INTRODUCTION

**S**UCCESSFUL CAKE MAKING and decorating is a very rewarding art that is easily mastered. This book sets out to explain the secrets of baking cakes and icing them, from a simple sponge cake to an elaborate wedding cake.

If you are a beginner, it is important to start with basic techniques and recipes. The book begins with a guide to the equipment need for baking and decorating cakes, instructions on how to line a cake tin (pan) and invaluable charts on adapting ingredients to make cakes of different sizes, as well as lots of ideas for classic cakes such as Carrot Cake and Black Forest Gâteau. Each recipe is fully illustrated and has clear step-by-step instructions.

To help you decorate cakes, there is information on equipment, how to cover cakes, how to make decorations such as crystallized flowers and chocolate scrolls, and basic recipes and techniques from simple feathering to piping and making moulded animals and flowers. The recipes include simple ideas that are suitable for any beginner, such as Playing-Card Cake and several gâteaux. For the more experienced cake-maker there are many exciting ideas for both children's party cakes and stunning wedding and celebration cakes. Traditional or modern, simple or elaborate, there is something here for everyone, and whatever you do you will produce successful results every time.



# BAKING EQUIPMENT

**3** BEFORE YOU BEGIN baking it is a good idea to check that you have the basic items of equipment. Many of these will already be in your kitchen, but if you have to buy as much as cake tins (pans), it really is worthwhile investing in good-quality ones that will last many years and give perfect results. Most equipment is available from department stores and speciality kitchenware shops.

(jelly) roll tins (pans) can be used for biscuits (cookies) and sponge rolls. Loaf tins (pans), for making bread, are also used for fruit or plain cakes. Both the 450 g (1 lb) and 900 g (2 lb) sizes are good to have. Tube or ring moulds are available in many sizes, but the 23 cm (9 inch) size is probably the most versatile. Flan tins (pans) come in sizes for large tarts or small individual tartlets, and may be plain, fluted or in special shapes.



- 1 Wire cooling rack
- 2 Square sandwich tin (layer pan)
- 3 Swiss (jelly) roll tin (pan)
- 4 Round sandwich tin (layer pan)
- 5 Deep cake tin (pan)
- 6 Baking sheet
- 7 Patty tin (muffin pan)
- 8 Paper cases
- 9 Loaf tin (pan)
- 10 Flan tin (pan)
- 11 Kitchen scissors
- 12 Metal spoon
- 13 Measuring jug
- 14 Baking parchment
- 15 Spatulas
- 16 Measuring spoons
- 17 Kitchen scales
- 18 Wire whisks
- 19 Palette knife (spatula)
- 20 Electric hand beater
- 21 Sieves
- 22 Ring mould
- 23 Pastry brush
- 24 Wooden spoons

## WEIGHING AND MEASURING TOOLS

There are many types of kitchen scales available, but whichever one you use must be accurate to produce good results. Traditional balance scales are reliable and accurate, but electronic, battery-driven scales are probably the easiest to use. You will also need a set of metal or plastic measuring spoons and a measuring jug for liquids.

## CAKE TINS (PANS)

It is a good idea to have a selection of cake tins (pans) in various shapes and sizes. A non-stick finish is practical, especially for smaller tins (pans) that do not always need greasing. To begin with, two round sandwich tins (layer pans) of 18 cm (8-9 inches), a deeper round cake tin (pan), a square 23 cm (9 inch) deep cake tin (pan), a Swiss (jelly) roll tin (pan), a patty tin (muffin pan) will be enough. Sandwich tins (layer pans) should always be bought in pairs, and the best size to have is 18 cm (7 inch) or 20 cm (8 inch). Deep cake tins (pans), either round or square, are good for fruit cakes and gingerbread, and the loose-bottomed ones are best. Springform pans, which allow the side of the tin to be removed, are useful for gâteaux and cheesecakes. Swiss

Always use the size of tin (pan) stated in the recipe. A tin (pan) that is too big will give a shallow cake that cooks too quickly, and one that is too small will lead to uneven cooking. Tins (pans) with straight rather than sloping sides give the best shape, especially for decorating. Unusually shaped cake tins (pans) can often be hired from specialist shops.

## OTHER EQUIPMENT

For mixing, creaming, whisking and beating you will need wooden spoons, a wire balloon whisk and small whisks, spatulas and, to make things a little easier, an electric hand beater. You will also need mixing bowls in different sizes.

Large and small nylon sieves with hooks so they can sit over a bowl are best for sifting flour and icing sugar, but they can also be used for sieving (straining) fruit and jam. A palette knife (spatula) is used for spreading cake mixture into a tin (pan) and smoothing the surface, loosening the sides of a cooked cake, and spreading jam and icing. A dry pastry brush is handy for gently brushing excess crumbs from a cake before icing. Fine skewers, sometimes sold as cake-testers, are essential to judge whether a cake is cooked in the centre. Wire cooling racks should be slightly larger than the size of the cake, so have a round one and an oblong one to hand.

# ICING EQUIPMENT

**C**AKE DECORATING, like all crafts, does require special equipment, but you can start with just a few simple tools and gradually build up your supplies as your skills improve. Equipment used for cake decorating should always be carefully washed and dried after use. Store them carefully, as some nozzles (tips) and cutters are quite fragile and can easily be distorted if just stored freely in a drawer.

## CAKE BOARDS AND TURNABLES

Boards are usually silver or gold, and come in a vast array of sizes and shapes and either thick or thin. It is easy to glue sticky-backed plastic, greaseproof paper or coloured foil on to the cake drum. Cake boards can also be 'banded' to tie in with a design. Choose ribbon of a suitable width and glue around the edge of the board. A cake board should be 5 cm (2 inches) larger than the size of the finished cake. For wedding cakes, the bottom tier should have a board that is 7.5 cm (3 inches) larger than the cake, and no board should be bigger than the cake below it in the tier.

Turntables are usually quite expensive and are only necessary for delicate icing work. For the beginner, just stand the cake on an upturned plate, smaller than the board.

## ROLLERS AND SMOOTHERS

A long heavy rolling pin is needed for rolling out marzipan and sugarpaste. A small non-stick rolling pin and board is useful for making small decorations. Spacers are strips of wood or metal that are placed either side of the marzipan or icing when rolling out, to ensure a perfectly even thickness.

When putting marzipan or sugarpaste on to a cake, you need to smooth the surface. Some people like to use their hands, or a rolling pin for the top and a straight-sided jar for the sides. If you want a professional finish, then a plastic smoother with a handle is best to use; they produce very sharp corners on square cakes. To obtain a smooth finish on royal iced cakes, a long plastic or metal scraper is needed for the top. Smaller scrapers can be purchased for the sides and these can be plain, or notched to produce a sculptured edge.

Straight-handled and crank-handled palette knives are useful for spreading, lifting, smoothing and trimming icing.

## PIPING TUBES AND BAGS

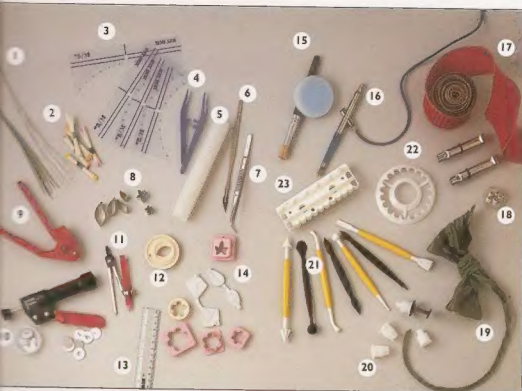
There is a bewildering array of piping tubes and bags available. To begin, a couple of medium-size piping bags and a few straight line writing tubes (very fine to large, size 00 to 4) and star nozzles (tips) should be enough to pipe messages and simple decorations on most cakes. There are also nozzles (tips) that give different effects, from leaves to animal 'ears'. Nickel-plated plastic nozzles (tips) are more defined than plastic, but also more expensive. Never let icing dry in the nozzles (tips) and as soon as you have finished, put them in a small bowl of warm water and gently clean with a brush.

## CUTTING TOOLS AND CUTTERS

A long sharp knife is good for cutting a straight line in marzipan or sugarpaste. A pizza cutter is useful for trimming excess icing from the base of a round cake. A small pointed knife or scalpel is good for cutting out tiny shapes.

- 1 Decorative beading
- 2 Palette knife
- 3 Plastic cutters
- 4 Non-edible purchased decorations
- 5 Food colourings
- 6 Flower nails
- 7 Potato peeler
- 8 Artist's paint brushes
- 9 Heart-shaped cutters
- 10 Piping bag and nozzles
- 11 Tape measure
- 12 Wooden skewers
- 13 Sugar thermometer
- 14 Cake tester
- 15 Piping bags
- 16 Cake boards
- 17 Top smoother
- 18 Ribbon
- 19 and 20 Side smoothers
- 21 Cake band
- 22 Edible cake decorations
- 23 Icing moulds
- 24 Icing sugar shaker
- 25 Pillars
- 26 Small cutters





- 1 Florist's wire 2 Stamens  
3 Scrapers 4 Smocking  
tweezers 5 Smocking set  
6 Scalpel 7 Crimpers 8 Small  
cutters 9 Garlic press  
10 Extruder 11 Compass  
12 Cutters 13 Ruler 14 Icing  
moulds 15 Stencilling brush  
16 Airbrush 17 Ribbon  
18 Cutters 19 Florist's tape  
20 Plunger and blossom  
cutters 21 Modelling tools  
22 Cutter 23 Garrett Frill  
cutter

Large stainless steel cutters can be used for plaques and letters and smaller ones are available in flower, letter and other shapes and many more. There are also some specialist cutters, such as the Garrett Frill cutter, which is used for cutting out frills and flounces from icing. Blossom cutters attach to a plunger and when the icing has been cut, the plunger pushes out a pretty flower shape; the icing can be pushed out on to foam to give a good shape.

#### MODELLING AND SHAPING TOOLS

There are a few household items that can be used for modelling and shaping icing – round and flat skewers, both ends of a knitting needle, teaspoon handles and so on. But for a more professional finish it is best to buy a set of modelling tools. These can be bought from specialist cake shops or you may be able to find clay modelling tools in a craft shop.

Crimpers are like flat metal tweezers and they are used for making decorative edgings or patterns by gently pinching the icing together. Embossing tools, usually plastic, have an embossed pattern on the end which is pressed into the icing.

A smocking set consists of a small ridged rolling pin and cutters. The icing is rolled out with the rolling pin to create ridges, and the ridges are then pinched together with the smocking tweezers. Tweezers are also useful for positioning tiny decorations; buy a pair with fine points and grooved ends.

#### FOOD COLOURINGS

There are several types of food colourings available – liquid, powders and pens. Liquid colours are widely available, but are not very concentrated; although they can be used for icing, they will only give a pastel shade to sugarpaste

and royal icing. Liquid colours can be applied with an artist's sable paintbrush to paint a design on to the icing.

Paste colours are the best to use for royal icing, sugarpaste and marzipan. They are concentrated so deep colours can be obtained, but should be used sparingly.

Powder food colours are good to use for lace or filigree work because the icing remains stiffer, whereas the glycerine content of pastes will soften the icing. Generally, powder colours are brushed on to flowers and frills. Colour pens are also available, which are like felt-tips and used in the same way to mark out designs or messages. An airbrush can be used with food colours to create dappled and shaded effects.

#### MISCELLANEOUS TOOLS

A potato peeler is handy for making chocolate curls. Flower nails, available in metal or plastic, are flat or cupped supports on which flowers are piped. A garlic press can be used to create long strands of icing for hair, grass and other effects. An extruder does the same job but you have a choice of discs to fit on the end which give different shapes.

#### PURCHASED DECORATIONS

Specialist cake decorating shops sell many different types of edible cake decorations, such as sugar flowers, gold and silver dragees, animals, people or numbers.

Non-edible decorations can also be purchased. Stamens for flower decorations are tiny pieces of stiffened thread with a small ball at each end. They are cut in half and pushed into the centre of a moulded flower before it has set. They must be removed from the cake before serving. Florist's wire and tape can also be used to wire flowers to cakes.

# PREPARING CAKE TINS (PANS)

**W**HEN BAKING CAKES that are to be decorated, it is important to make sure they have a firm, even shape and smooth finish. To achieve this, it is essential to use good-quality tins (pans) and to line them.

## LINING PAPER

The paper for lining a tin (pan) should be baking parchment or non-stick silicone baking paper. Non-stick paper does not need greasing, but if you use another type, grease it with melted butter or vegetable shortening, or oil it with a mild-flavoured vegetable oil such as sunflower oil. Use a pastry brush to apply a very thin even coat. It is best if the lining is a double thickness to give better insulation and make it easier to remove. The paper must be fitted well into the tin (pan), especially in the corners, to give a smooth edge.

Whether you are using a round, oval, square, hexagonal, heart-shaped or any other type of tin (pan), you only need to know two easy techniques for shaping the lining paper.

## LINING A ROUND TIN (PAN)

- 1 Place the cake tin (pan) on a double thickness of the paper. With a pencil, draw a circle around the base. Cut out the circle just inside (about 5 mm/1 inch) the marked line to allow for the thickness of the tin and avoid the mark.
- 2 To line the sides of the tin (pan) you need to measure the circumference. Use a piece of string or a tape measure, or estimate the length by multiplying the diameter by three. Add 5 cm (2 inches) to the length. The width of the strip should be the depth of the tin (pan) plus 5 cm (2 inches). Mark the length and width on the paper and cut out.
- 3 Fold up one long side of the strip by 2.5 cm (1 inch). Snip at 1 cm (1/2 inch) intervals, cutting up to the fold. This will allow the paper to curve around the base.
- 4 Press the strip around the inside of the tin (pan) so that the snipped edge curves neatly around the base and the lining fits snugly. Put in the circle that has been cut for the base and lightly grease if necessary.



## LINING A SQUARE CAKE TIN (PAN)

- 1 Place the cake tin (pan) on a double thickness of paper. Use a pencil to draw around the base. Cut out the shape just inside (about 5 mm/1 inch) the marked line to allow for the thickness of the tin (pan) and avoid the mark.
- 2 Place the tin (pan) on its side on a strip of paper and make a mark on the paper at each corner. Roll the tin (pan) on to the next side and mark again. Repeat twice more until the length of the tin (pan) and all the corners have been marked on the paper. Add 5 cm (2 inches) on to the strip for overlap. The width of the strip should be the depth of the tin (pan) plus 5 cm (2 inches). Mark on the paper and cut out the strip.
- 3 Fold up one long side of the strip to a depth of 2.5 cm (1 inch). Then fold the strip widthways where each corner has been marked, so there is a sharp crease for each corner.
- 4 Open out the strip and snip the folded paper on either side of the corners. With a straight-sided tin (pan), you only have to snip the folded edge at the corners, not all the way along.
- 5 Press the strip around the inside edge of the tin (pan) so it fits neatly into each corner. Put in the paper that has been cut for the base and lightly grease if necessary. This technique can be used for a straight-sided tin with any number of sides, as long as you fold the paper and snip at every corner.

## LINING A PUDDING BASIN OR BOWL

A pudding basin or bowl may be used to produce a dome-shaped cake. To ensure that the cake turns out cleanly, line the base. Cut out a circle of paper about 5 cm (2 inches) larger than the base of the bowl. Make 5 cm (2 inches) cuts into the circle all the way round. Press the paper into the bowl so the snipped edges overlap and the paper fits snugly in the base. Grease the paper and the sides of the bowl.

# SHAPING CAKES

A VARIETY OF DIFFERENT-SHAPED cake tins (pans) can be bought or hired from specialist shops, but with a little ingenuity you can create any number of shapes from cooked cakes without having to purchase a special tin. Many unusual shapes can be formed by breaking down the desired shape into its basic components; for example, an open book is made from two rectangles whose corners are trimmed to make a bevelled edge. Alternatively, the shape can be carved from a single slab. A heart shape, for instance, can be cut from a round cake. Unusual shapes can be created by cooking the cake mixture in containers such as cans. For example, you could make a hamburger novelty cake which has a can of cola at the side: bake some of the mixture in a cleaned-out baked bean can and then ice it to look like a can of cola.

Sometimes it is easier to make a couple of cakes in different shapes, place one on top of the other and then carve to the required shape. This is a good technique for teddy bear and bottle shapes.

## CUTTING AND TRIMMING CAKES

For easy cutting or carving, always use a firm-textured cake such as fruit or madeira. A lighter sponge cake will not keep its shape and is harder to manipulate. Most cakes that are to be cut in shapes also need to be covered in marzipan before icing and a lighter sponge would not take the weight of marzipan. It is also best to leave the cake to 'settle' for 12-24 hours before shaping and decorating.

If you intend to layer the cake before carving, then don't be too generous with the filling as it will simply ooze out and the layers will slide around. Use a thin layer of jam or stiff butter cream, just enough to stick the layers together.

A large ham knife is good for slicing cakes horizontally and a small serrated knife is best for trimming and carving smaller details. Always use a sawing motion when carving and brush any crumbs off the cake. If you cut off too much cake by mistake, either stick the piece back on with jam or replace it with marzipan.

# BASIC RECIPES

THE FOLLOWING RECIPES HAVE been used for all the cakes throughout the book. The type of cake you make must suit the design and decoration. For instance, if it is to be cut and shaped, the cake should be fairly firm and here a Madeira (Pound) Cake is best, as it keeps its shape and moistness and is easy to coat in butter cream or sugarpaste. Quick Mix Cakes can be used widely but the Victoria Sandwich (Sponge Layer) Cake has a much softer texture and is best for a cake without too much structure involved. Whatever basic cake recipe you choose, you should leave it to rest on a wire rack with the lining or attached for 12-24 hours before cutting or decorating. Adapting these recipes to different sizes of cake, see the notes on pages 13-14.

## QUICK MIX CAKE

Makes a 30 x 25 cm / 12 x 10 inch cake

350 g/12 oz/1½ cups soft margarine  
350 g/12 oz/ 1½ cups caster (superfine) sugar  
6 eggs  
350 g/12 oz/3 cups self-raising flour, sifted  
few drops of vanilla flavouring (extract)  
3 tsp baking powder

- 1 Grease and line a rectangular cake tin (pan), about 30 x 25 cm / 12 x 10 inches, with baking parchment, as described on page 10.
- 2 Put the margarine, sugar, eggs, flour, vanilla and baking powder into a bowl and beat vigorously for 2 minutes, either by hand, using a hand-held electric mixer or in a large free-standing mixer.
- 3 Spread the cake mixture evenly into the prepared tin (pan), level the top and make sure there is plenty of mixture in the corners. Bake in a preheated oven at 180°C/350°F/Gas Mark 4 for about 1-1½ hours until well risen and firm to the touch. Invert carefully on a wire rack and leave to cool.



## VICTORIA SANDWICH (SPONGE LAYER CAKE)

Makes a 30 x 25 cm/12 x 10 inch cake

- 350 g/12 oz/1½ cups butter or margarine
- 350 g/12 oz/1½ cups caster (superfine) sugar
- 6 eggs
- 350 g/12 oz/3 cups self-raising flour, sifted
- 2 tbsp water
- few drops of vanilla flavouring (extract)

- 1 Grease and line a rectangular cake tin (pan), about 30 x 25 cm/12 x 10 inches, with baking parchment, as described on page 10.
- 2 Cream the butter and sugar together until light, fluffy and pale. Beat in the eggs one at a time, following each with a tablespoonful of the flour. Fold in the remaining flour, the water and vanilla.
- 3 Spread the cake mixture evenly into the prepared tin (pan), level the top and make sure there is plenty of mixture in the corners. Bake in a preheated oven at 180°C/350°F/Gas Mark 4 for about 50–60 minutes until well risen and firm to the touch. Invert carefully on a wire rack and leave to cool.

**Orange or Lemon variation for Victoria Sandwich and Quick Mix cakes:** Omit the vanilla and add 1 teaspoon finely grated orange or lemon rind for each egg used in the mixture.

**Chocolate variation:** Add 2 tablespoons sifted cocoa powder to the 3-egg mixture, 2½ tablespoons for a 4-egg mixture and so on, adding a further ½ tablespoon for each additional egg used in the mixture.

**Coffee variation:** Add 1 tablespoon instant coffee powder for a 3-egg mixture, 1½ tablespoons for a 4-egg mixture and so on, adding a further ½ tablespoon for each additional egg used in the mixture.

## MADEIRA (POUND) CAKE

Makes a 23 cm/9 inch deep round or square cake, or a 25 cm/10 inch shallow round or square cake.

- 300 g/10 oz/1½ cups butter or margarine
- 300 g/10 oz/1½ cups caster (superfine) sugar
- 5 eggs
- 300 g/10 oz/2½ cups self-raising flour
- 150 g/5 oz/1½ cups plain (all-purpose) flour
- grated rind of 2 large lemons
- 2 tbsp lemon juice

- 1 Grease and line a deep 23 cm/9 inch, or a shallow 25 cm/10 inch, round or square cake tin (pan) with baking parchment, as described on page 10.
- 2 Cream the butter or margarine and caster (superfine) sugar together until very light, fluffy and pale in colour. Then beat in the eggs one at a time, following each with a tablespoonful of the flour.
- 3 Sift the remaining flours together and fold them into the creamed mixture, followed by the lemon rind and juice. Spoon

into the prepared tin (pan) and level the top, making sure there is plenty of mixture in the corners.

- 4 Bake in a preheated oven at 160°C/325°F/Gas Mark 3 for 1½–2 hours for the 25 cm/10 inch tin (pan); or 2–2½ hours for the 23 cm/9 inch tin (pan), until the cake is golden brown and firm to the touch. Cool in the tin (pan) for a few minutes, then invert on a wire rack and leave to cool.

**Coffee variation:** Omit the lemon rind and juice and add 1½ tablespoons lemon juice quantity with coffee essence.

**Chocolate variation:** Omit the lemon rind and juice and add 1½ tablespoons lemon juice quantity with water. Add 1 tablespoon sifted cocoa powder for a 2-egg cake, add 1½ tablespoons for a 3-egg cake and so on, adding a further ½ tablespoon for each additional egg used in the mixture.

## RICH FRUIT CAKE

Makes a 20 cm (8 inch) square cake.

- 275 g/9 oz/2½ cups plain (all-purpose) flour
- 1½ tsp ground mixed spice
- 1 tsp ground nutmeg
- 250 g/8 oz/1 cup butter or margarine
- 250 g/8 oz/1½ cups soft brown sugar
- grated rind of 1 lemon
- 1 tsp black treacle (molasses)
- 5 large eggs
- 350 g/12 oz/2 cups currants
- 250 g/8 oz/1½ cups sultanas (golden raisins)
- 175 g/6 oz/1 cup raisins
- 125 g/4 oz/½ cup glacé (candied) cherries, chopped
- 90 g/3 oz/½ cup cut mixed (candied) peel or chopped dates
- 90 g/3 oz/½ cup ground almonds
- 90 g/3 oz/½ cup blanched almonds, chopped

- 1 Prepare a 20 cm/8 inch square deep cake tin (pan) with baking parchment, as described on page 10.
- 2 Sift the flour, mixed spice and nutmeg together in a bowl.
- 3 Cream the butter or margarine and sugar together until light and fluffy, then mix in the black treacle (molasses).
- 4 Beat in the eggs one at a time, adding a tablespoon of the sifted flour mixture after the first one.
- 5 Fold in the remaining flour with the fruit and almonds, and mix thoroughly.
- 6 Turn the mixture into the prepared cake tin (pan) and level the top with a palette knife (spatula).
- 7 Place the cake on a pad of newspaper and bake on a shelf of a preheated oven at 170°C/325°F/Gas Mark 3 for 2½–3 hours. Reduce to 150°C/300°F/Gas Mark 2 and bake for a further 2–3 hours. When a skewer inserted into the cake comes out clean, it is cooked. Leave in the tin (pan) for 10 minutes before turning out on a wire rack to cool.

# CAKE CHARTS

## Sponge Cake Chart

	12 cm 5 inch	15 cm 6 inch	18 cm 7 inch	20 cm 8 inch	23 cm 9 inch	25 cm 10 inch	28 cm 11 inch
Round tin (pan)	15 cm 6 inch	18 cm 7 inch	20 cm 8 inch	23 cm 9 inch	25 cm 10 inch	28 cm 11 inch	30 cm 12 inch
Alumina	60 g 2 oz	125 g 4 oz	175 g 6 oz	250 g 8 oz	350 g 12 oz	475 g 15 oz	500 g 1 lb
White sugar	60 g 2 oz	125 g 4 oz	175 g 6 oz	250 g 8 oz	350 g 12 oz	475 g 15 oz	500 g 1 lb
Eggs	1	2	3	4	6	8	9
Flour	60 g 2 oz	125 g 4 oz	175 g 6 oz	250 g 8 oz	350 g 12 oz	475 g 15 oz	500 g 1 lb
Baking time	20-30 mins	30-40 mins	40-50 mins	1 hour	1½ hours	1½ hours	1½ hours

Oven temperature: 160°C/325°F/Gas Mark 3

## Madeira (Pound) Cake Chart

	15 cm 6 inch	18 cm 7 inch	20 cm 8 inch	23 cm 9 inch	25 cm 10 inch	28 cm 11 inch
Round tin (pan)	18 cm 7 inch	20 cm 8 inch	23 cm 9 inch	25 cm 10 inch	28 cm 11 inch	30 cm 12 inch
Finest all-purpose flour	250 g 8 oz	350 g 12 oz	475 g 15 oz	500 g 1 lb	625 g 1½ lb	750 g 1½ lb
Butter	1 tsp	1½ tsp	2 tsp	2½ tsp	3 tsp	3½ tsp
White sugar	175 g 6 oz	300 g 10 oz	425 g 14 oz	475 g 15 oz	500 g 1 lb	675 g 1 lb 6 oz
Alumina	175 g 6 oz	300 g 10 oz	425 g 14 oz	475 g 15 oz	500 g 1 lb	675 g 1 lb 6 oz
Eggs	3	5	7	8	10	12
Vanilla	2 tbsp	3 tbsp	3½ tbsp	4 tbsp	4½ tbsp	5 tbsp
Baking time	1½-1½ hours	1½-1½ hours	1½-2 hours	1½-2 hours	2-2½ hours	2½-2½ hours

Oven temperature: 160°C/325°F/Gas Mark 3

## RICH FRUIT CAKE CHART

Square tin (pan)	12 cm 5 inch	15 cm 6 inch	18 cm 7 inch	20 cm 8 inch	23 cm 9 inch	25 cm 10 inch
Round tin (pan)	15 cm 6 inch	18 cm 7 inch	20 cm 8 inch	23 cm 9 inch	25 cm 10 inch	28 cm 11 inch
Mixed dried fruit	425 g 14 oz	625 g 1½ lb	850 g 1 lb 12 oz	1 kg 2 lb	1.5 kg 3 lb	1.75 kg 3½ lb
Chopped glacé (candied) cherries	60 g 2 oz	90 g 3 oz	150 g 5 oz	175 g 6 oz	275 g 9 oz	300 g 10 oz
Chopped nuts	30 g 1 oz	60 g 2 oz	90 g 3 oz	125 g 4 oz	150 g 5 oz	200 g 7 oz
Mixed (candied) peel	30 g 1 oz	60 g 2 oz	90 g 3 oz	125 g 4 oz	150 g 5 oz	200 g 7 oz
Grated lemon rind	1 tsp	1½ tsp	2 tsp	2½ tsp	3 tsp	3½ tsp
Brandy or rum	1 tbsp	1 tbsp	1½ tbsp	2 tbsp	2½ tbsp	3 tbsp
Butter or margarine	150 g 5 oz	175 g 6 oz	300 g 10 oz	350 g 12 oz	500 g 1 lb	625 g 1½ lb
Soft brown sugar	150 g 5 oz	175 g 6 oz	275 g 10 oz	350 g 12 oz	500 g 1 lb	600 g 1½ lb
Eggs	2	3	5	6	8	9
Plain (all-purpose) flour	200 g 7 oz	250 g 8 oz	350 g 12 oz	425 g 14 oz	625 g 1½ lb	675 g 1 lb 6 oz
Ground mixed spice	½ tsp	1 tsp	1½ tsp	2 tsp	2½ tsp	3 tsp
Approx. cooking time	2-2½ hours	2½-3 hours	2½-3 hours	3-3½ hours	3½-4 hours	4-4½ hours

Oven temperature: 140°C/275°F/Gas Mark 1

## BASIC QUICK MIX SPONGE CHART FOR UNUSUAL SIZES

Tin (pan) size	2 × 18 cm (7 inch) sandwich (layer) tins (pans)	2 × 20 cm (8 inch) sandwich (layer) tins (pans)	18 paper cake cases or patty (muffin) tins	900 ml/1½ pint ¾ cup pudding basin	1 litre/1½ pint ¾ cup pudding basin	28 × 18 × 4 cm /11 × 7 × 1½ inch slab cake
Soft margarine	125 g 4 oz	175 g 6 oz	125 g 4 oz	125 g 4 oz	175 g 6 oz	175 g 6 oz
Caster (superfine) sugar	125 g 4 oz	175 g 6 oz	125 g 4 oz	125 g 4 oz	175 g 6 oz	175 g 6 oz
Eggs, size 1 or 2	2	3	2	2	3	3
Self-raising flour	125 g 4 oz	175 g 6 oz	125 g 4 oz	125 g 4 oz	175 g 6 oz	175 g 6 oz
Baking powder	1 tsp	1½ tsp	1 tsp	1 tsp	1½ tsp	1½ tsp
Approx. cooking time	25-30 mins	30-35 mins	15-20 mins	50 mins	1 hour	30-40 mins

Oven temperature: 160°C/325°F/Gas Mark 3



## ICINGS (FROSTINGS) & DECORATIONS

*The icings (frostings) and cake decorations on the following pages cover the entire range of cake decoration, from simple coverings to elaborate piping and moulding. Glacé icing (frosting) is probably the simplest cake covering and can be poured over a sponge cake. Butter icing (frosting) is also very easy to make and an attractive result can be achieved by marking it with a fork or palette knife (spatula) to make a swirled effect. Chocolate fudge icing (frosting), chocolate ganache and butter cream take a little more time to prepare, though they are all relatively easy for a beginner and all can be used on sponge cakes. There are also recipes for sugarpaste, marzipan and royal icing, probably the most versatile and popular cake coverings. Many variations for adding different flavourings to the icings (frostings), such as lemon or coffee, are also given throughout the chapter. For creating more ornate decorations, there are detailed instructions on how to make curls, leaves, dipped fruit and carved shapes from chocolate. There are ideas for piping and moulding with royal icing and sugarpaste to enable you to decorate your cakes with everything from intricate piped trellises and lettering to pretty flowers and amusing animals.*

*Dalila*



## Glacé & Feather Icing (Frosting)

Glacé icing (frosting) is a very quickly made water icing (frosting), used to cover the top of a cake. It consists of sugar and water, making it a good choice for beginners. Feather icing (frosting) is one of the decorative techniques for which glacé icing (frosting) can be used.

### Information

Covers a 23 cm/9 inch cake

Level of Difficulty: ★

Storage: use immediately

### Equipment

mixing bowl and spoon

pipng bag

small writing nozzle (tip)

palette knife (spatula)

## Step 2



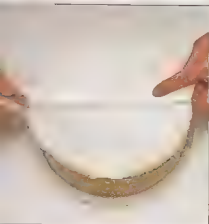
1 Place the cake to a cake board  
on a turntable with a little royal  
icing and leave to dry.

2 Spread some royal icing evenly  
over the cake top with a  
palette knife, using a palette  
spatula).

3 Using a long rigid metal ruler,  
held at a slight angle, across the  
top of the cake towards you in one  
smooth movement. Remove the  
surplus with a knife held  
at a slight angle to the side of the cake and



## Step 3



4 Place the cake on a turntable  
and, using a palette knife  
(spatula), spread some icing around  
the side of the cake as smoothly  
and evenly as possible.



## HINTS

Make royal icing to a soft peak  
consistency 12 hours in advance and  
cover the bowl with clingfilm (plastic  
wrap) and a damp cloth to prevent it  
from drying out. Stir before use to  
disperse any bubbles. An electric  
mixer is not recommended, as too  
much air will be incorporated,  
causing the icing to be fluffy and  
full of bubbles.

To ice the cake board, use a small  
palette knife (spatula) to spread royal  
icing evenly over the board. Smooth  
the icing, holding a scraper steady  
while turning the turntable. Remove  
the surplus icing on the edge.

## Step 4



5 Hold the scraper at a slight  
angle against the side of  
the cake and rotate 1 complete  
turn. Remove the surplus icing  
from the cake top and base with a  
palette knife (spatula) and leave to  
dry for 12 hours. If covering a  
square cake, coat 2 opposite  
sides with icing and leave to dry  
for 12 hours. Then coat the  
remaining sides.

6 When completely dry, remove  
any rough edges, using a sharp  
knife and a clean brush. Apply 2  
more coats of thin royal icing in  
the same way, making sure each  
coat is completely dry before  
adding the next. Leave to dry  
before decorating.

## Step 6





## *Chocolate Fudge Icing (Frosting) & Chocolate Ganache*

These are perfect for chocolate-lovers! Chocolate ganache in particular is perhaps the richest and most irresistible of all icings (frostings) and is especially well suited to covering little cakes and petit fours.

### *Information*

Both fill and cover a 20 cm/8 inch cake

Level of Difficulty: ★ ★

### *Equipment*

saucepans and spoons

### Step 1 - Chocolate Fudge



### Step 2 - Chocolate Fudge



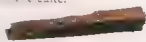
### CHOCOLATE FUDGE ICING (FROSTING)

...ure that can be used to  
... when it is warm, or used  
... left to cool and then  
... soft.

... butter in a small  
... with the milk.

... sugar and cocoa, and  
... until smooth and

... until tepid, then pour  
... the cake.



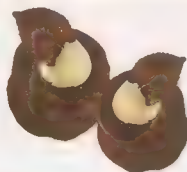
### INGREDIENTS

#### Chocolate Fudge Icing (Frosting)

- 60 g/2 oz/¼ cup butter
- 3 tbsp milk
- 250 g/8 oz/2 cups icing  
(confectioners') sugar, sifted
- 2 tbsp sifted cocoa powder

#### Chocolate Ganache

- 175 g/6 oz/6 squares dark  
chocolate, broken into  
pieces
- 4 tbsp single (light) cream
- 60 g/2 oz/¼ cup butter, cut  
into cubes
- 2 egg yolks
- 1 tbsp brandy

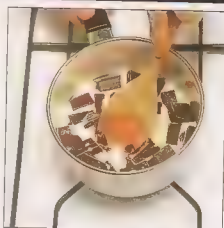


### VARIATIONS

**Coffee Fudge:** Replace the cocoa powder with 2 teaspoons instant coffee granules.

**White Fudge:** Use only 2 tablespoons milk, add 60 g/2 oz/2 squares white chocolate to the saucepan and omit the cocoa powder.

### Step 1 - Chocolate Ganache



### Step 2 - Chocolate Ganache



### CHOCOLATE GANACHE

Used while warm, this will cover a cake thickly, giving a lovely glossy coat. Alternatively, if you want to use it as a filling or for piping, leave it to cool and then beat it thoroughly.

**1** Put the chocolate into a small saucepan with the cream and heat gently until melted.

**2** Leave to cool slightly, then beat in the butter gradually.

**3** Beat in the egg yolks and brandy. Leave to cool slightly until firm, stirring occasionally.



## Marzipan & Apricot Glaze

Homemade marzipan, or almond paste as it is sometimes called, has a wonderful flavour and texture. Brush your cake with apricot glaze before applying marzipan or sugarpaste.

### Information

Marzipan makes 750 g/1½ lb/8½ cups

Apricot Glaze makes 250 g/8 oz/3½ cup

Level of Difficulty: ★

Storage. In a refrigerator, the marzipan will keep for 1–2 weeks in a plastic bag; the glaze will keep for 2–3 months in an airtight jar.

### Equipment

mixing bowls and spoons

saucepan

sieve (strainer)

### Step 1 - Marzipan



### Step 2 - Marzipan



#### Marzipan

- 1 Put the ground almonds into a bowl with the sugars and make a well in the centre. Stir in the beaten egg yolk, almond flavouring and lemon juice.
- 2 Mix to a smooth paste. Do not overknead the paste or it will become oily and difficult to handle.



### INGREDIENTS

#### Marzipan

- 350 g/12 oz/3 cups ground almonds
- 175 g/6 oz/¾ cup caster (superfine) sugar
- 175 g/6 oz/1½ cups icing (confectioners') sugar, sifted
- 1 egg, beaten
- 1 egg yolk
- few drops almond flavouring (extract)
- 2 tsp lemon juice

#### Apricot Glaze

- 250 g/8 oz/¾ cup apricot jam
- 2 tbsp water
- 1 tsp lemon juice

### COVERING A CAKE WITH MARZIPAN

Roll out the marzipan to 5 mm/¼ inch thick on a surface (counter) dusted with icing (confectioners') sugar. Cut out a disc or square the same size as the cake top. Brush the top of the cake with apricot glaze, invert the cake on the marzipan, then turn the covered cake over. Brush the sides with the apricot glaze. Roll out the remaining marzipan, cut a long strip, or four strips, to fit around the sides of the cake, dust with sugar and roll or press it round the sides of the cake to cover. Leave to dry for 24 hours at room temperature.

### Step 1 - Apricot Glaze



### Step 2 - Apricot Glaze



#### Apricot Glaze

- 1 Put the apricot jam, water and lemon juice into a small saucepan and heat gently until melted. Bring to the boil and simmer for a few minutes.
- 2 Sieve (strain) the mixture, then return it to the pan, scraping any jam from the bottom of the sieve (strainer).
- 3 Heat before using and add a little more water if the glaze is too thick.



## Chocolate Decorations

Chocolate can be melted and made into a wide range of luscious-looking decorations that are really quite easy to achieve. However, care must be taken when melting chocolate.

### Information

Level of Difficulty. ★

### Equipment

Saucepan  
heatproof mixing bowl and spoons  
cutters or sharp knife  
piping bag  
small writing nozzle (tip)



## Step 3



## Step 4



## INGREDIENTS

3-egg orange-flavoured  
Victoria Sandwich (Sponge  
Layer Cake) mixture (see  
pages 12 and 13)

4 tbsp orange juice

4 tbsp orange-flavoured  
liqueur

1 quantity Butter Cream (see  
page 18–19), flavoured  
with grated rind of 1 orange

*Frosted Flowers*

1 egg white

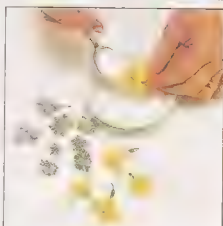
fresh flowers and leaves

fresh mint leaves

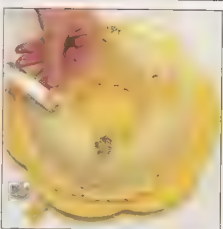
caster (superfine) sugar, for  
dredging



## Step 5



## Step 6



**1** Grease and flour a 23 cm/9 inch  
ring mould. Spoon the cake  
mixture into the mould and  
bake in a preheated oven at  
175°C/350°F/Gas Mark 5 for  
25–30 minutes until the cake  
pulls back when pressed. Invert  
the cake on a wire rack to cool.

**2** Cut the cake in half  
horizontally. Mix the orange  
juice and liqueur together and  
brush over both halves of  
the cake.



**3** Sandwich the cake together with  
a quarter of the butter cream  
and place on a cake board. Cover  
the cake with the remaining butter  
cream and swirl with a palette knife  
(spatula).

**4** To frost the flowers, whisk the  
egg white lightly with a few  
drops of water and, using a  
paintbrush, coat the flowers and  
leaves lightly all over with the  
egg white.

**5** Brush off any excess, then  
dredge in the caster (superfine)  
sugar until completely coated.  
Place on baking parchment to dry.

**6** Arrange the frosted flowers and  
mint leaves in clusters around  
the top of the cake. Pipe the  
remaining icing (frosting) round  
the bottom of the cake.

**FROSTED FRUITS AND  
FLOWERS**

If the flowers are completely coated  
with the egg white and sugar, they  
will dry out and may be kept for  
several weeks in the refrigerator.  
Fruits, such as grapes, currants and  
strawberries, may also be frosted  
in this way, but will only keep  
for 2 days.



## Chocolate Caraque Gâteau

Scrolls of dark and white chocolate make this a really sophisticated-looking cake. Don't worry if you don't manage long scrolls at your first attempt – even short curls look very effective.

### Information

No. of servings: 10–12

Level of Difficulty: ★ ★

### Equipment

20–30 cm/8–12 inch Swiss (chocolate) roll tin (pan)

wire rack

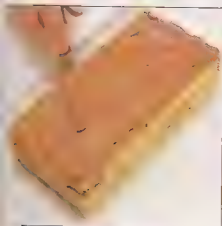
rectangular cake board

icing bag

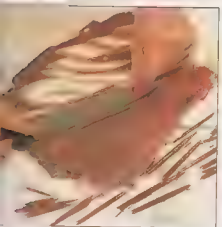
star nozzle (tip)



## Step 4



## Step 6



1 Prepare a 20–30 cm/8–12 inch jelly roll tin (pan) and line with baking parchment. Place 125 g/4 oz/½ cup sugar and orange rind in a bowl; pour over a saucepan of water and whisk until thick. Sift the flour and fold into the mixture.

2 Pour the cake mixture into the jelly roll tin (pan) and bake in a preheated oven at 190°C/375°F/Gas Mark 5 for 20–25 minutes. Invert on a wire rack and leave to cool.

3 Cut the cake into 3 equal layers and sandwich together with the remaining chocolate butter icing (see frosting).

## INGREDIENTS

2 eggs

90 g/3 oz/½ cup caster (superfine) sugar

grated rind of 1 orange

60 g/2 oz/½ cup plain (all-purpose) flour

1 quantity Chocolate Butter Icing (Frosting) (see pages 18–19)

125 g/4 oz/4 squares dark chocolate, melted (see page 31)

125 g/4 oz/4 squares white chocolate, melted (see page 31)

cocoa powder, for dredging

## HINT

Make the scrolls with chocolate-flavoured cake covering; it sets more quickly and is more pliable.

## Step 7



## Step 8



4 Spread more icing (frosting) over the top and sides of the cake and smooth it evenly. Place the cake on a cake board.

5 To make the caraque, spread a thin layer of the melted dark chocolate on to a marble slab or cold work surface (counter), using a palette knife (spatula) to smooth it out, and leave to set. Do the same with the white chocolate.

6 Hold a long thin-bladed knife at an angle of 45° and push it across the chocolate to form long scrolls. Repeat with the white chocolate.

7 Lift the caraque on to a palette knife (spatula) and lay on top of the cake to cover it completely. Dredge with cocoa powder.

8 Pipe the remaining icing along the bottom edges of the cake.





## *Malakoff Gâteau*

A gâteau comprising boudoir biscuits (lady-fingers) soaked in milk that has been flavoured with brandy and coffee. It is layered with a praline butter cream and covered in whipped cream.

### *Information*

No. of Servings 8  
Level of Difficulty: ★ ★

### *Equipment*

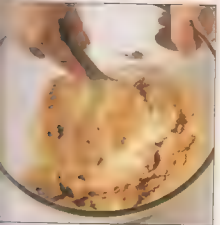
900 g/2 lb loaf tin (pan)  
rolling pin  
kitchen weights  
piping bag  
large star nozzle (tip)



## Step 1



## Step 3



Heat the almonds and the sugar in a saucepan until the mixture turns a caramel colour, shaking the pan frequently. Do not over-heat. Pour quickly on to some parchment and leave to set for 10 minutes.

Pre-heat the oven to 180°C (350°F). Grease a 2 lb loaf tin (pan) with butter. Mix the remaining sugar, and the almonds together until light and fluffy. Beat in the egg yolks, followed by the egg whites and almonds. Set the nut mixture aside.

Melt the butter until soft, then add the remaining sugar, and beat until light and fluffy. Beat in the egg yolks, followed by the egg whites and almonds. Set the nut mixture aside.

## INGREDIENTS

90 g 3 oz/½ cup blanched almonds, roughly chopped

250 g/8 oz/1 cup caster (superfine) sugar

175 g/6 oz/¾ cup butter

2 egg yolks

150 ml/½ pint/¾ cup milk

4 tbsp brandy or rum

2 tbsp coffee flavouring (extract) or extremely strong black coffee

about 40 boudoir biscuits or sponge fingers (lady-fingers)

300 ml/1 ½ pint/1 ½ cups double (heavy) cream

1 tbsp milk

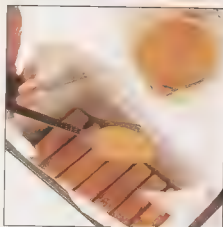
## To Decorate

sliced strawberries

1 kiwi fruit, sliced



## Step 4



## Step 5



(lady-fingers) soaked in milk to make a total of 3 nut layers and 4 biscuit layers. Press down evenly, cover with baking parchment and weight lightly. Chill for at least 12 hours.

**4** Combine the milk, alcohol and coffee flavouring (extract). Arrange a layer of boudoir biscuits (lady-fingers) in the base of the lined tin (pan), sugared-side downwards, and sprinkle with 3 tablespoons of the milk mixture.

**5** Spread with one third of the nut mixture, cover with another layer of biscuits (lady-fingers) and sprinkle with milk. Layer the rest of the nut mixture and biscuits

**6** Invert the gâteau on to a plate and peel off the paper. Whip the cream and milk together until just stiff. Use most of it to cover the gâteau; put the remainder into a piping bag fitted with a large star nozzle (tip) and pipe diagonal lines across the top. Mark wavy lines around the sides and add piped cream to the corners and sides. Decorate with sliced strawberries and kiwi fruit.



## *Black Forest Gâteau*

This chocolate cake, flavoured with kirsch and sandwiched with cream and black cherries, has chocolate-coated sides and a cherry and chocolate top decoration.

### *Information*

No. of Servings. 10–12  
Level of Difficulty: ★ ★

### *Equipment*

23 cm/9 inch round cake tin [pan]  
wire rack  
round cake board  
piping bag  
star nozzle [tip]

## Step 4



## Step 5



## INGREDIENTS

3 eggs  
 140 g/4½ oz/⅓ cup plus 1  
 tbsp caster (superfine) sugar  
 90 g/3 oz/⅓ cup plain  
 (all-purpose) flour  
 20 g/⅓ oz/3 tbsp cocoa  
 powder  
 450 ml/½ pint/2 cups  
 double (heavy) cream  
 90 g/3 oz/3 squares dark  
 chocolate  
 3–4 tbsp kirsch, brandy or  
 other liqueur  
 1 quantity Chocolate Butter  
 Cream (see pages 18–19)

## Filling

425 g/14 oz can of stoned  
 (pitted) black cherries,  
 drained and juice reserved  
 2 tsp arrowroot

## Step 6



## Step 7



Use a deep 23 cm/9 inch cake  
 pan and line with non-stick  
 parchment. Whisk the eggs  
 until the mixture is very  
 pale and the whisk leaves  
 a trail when lifted.

Sift the flour and cocoa powder  
 together twice, then fold evenly  
 through the egg  
 mixture. Pour into the prepared tin  
 and bake in a preheated oven  
 at 180°C/375°F/Gas Mark 5 for  
 30 minutes, or until well  
 risen and firm to the touch. Invert  
 on a wire rack and cool.

Make the filling, mix 150  
 g/⅓ pint/⅓ cup of the juice with  
 2 tsp arrowroot. Bring slowly to the

boil, stirring continuously, and boil  
 until clear and thickened. Reserve 8  
 cherries for decoration. Halve the  
 rest and add to the sauce, then cool.

4 Whip the cream until thick  
 enough to pipe and put 4  
 tablespoons into a piping bag with  
 a large star nozzle (tip). Pare the  
 chocolate into curls.

5 Split the cake horizontally into 3  
 layers. Spread the first layer  
 with some of the cream and half the  
 cherry mixture.

6 Cover with the second cake  
 layer, sprinkle with the liqueur,  
 then spread with some of the  
 butter cream and the remaining  
 cherry mixture. Top with the final  
 layer of cake. Cover the sides with  
 the rest of the butter cream.

7 Spread the remaining whipped  
 cream over the top of the gâteau  
 and press the chocolate curls  
 around the sides. Pipe 8 whirls of  
 cream on the top. Add a reserved  
 cherry to each whirl. Chill for 2–3  
 hours.





## *Sherry & Spice Cake*

The sutlanas (golden raisins) are simmered in sherry before they are baked in a layered cake which is sandwiched together with a sherry-flavoured butter cream.

### *Information*

No. of Servings: 8–10

Level of Difficulty: ★

### *Equipment*

2 × 20 cm/8 inch sandwich tins  
(layer pans)

wire rack

round cake board

pipng bag

large star nozzle (tip)

## Step 1



## Step 2



## INGREDIENTS

- 6 tbsp sherry
- 175 g/6 oz/1 cup sultanas (golden raisins)
- 125 g/4 oz/½ cup butter or margarine
- 125 g/4 oz/½ cup light soft brown sugar
- 2 eggs
- 175 g/6 oz/1½ cups plain (all-purpose) flour
- 1 tsp bicarbonate of soda (baking soda)
- ½ tsp ground cloves
- ½ tsp ground or grated nutmeg
- ½ tsp ground cinnamon
- 60 g/2 oz/½ cup walnuts, chopped

## To Decorate

- 1 egg yolk
- 1 tbsp sherry
- 1 quantity Butter Cream (see pages 18–19)
- icing (confectioners') sugar, for dredging
- walnut or pecan halves

3 Add the nuts and reserved sultanas (golden raisins), and mix lightly. Divide between the sandwich tins (layer pans). Level the tops.

4 Bake in a preheated oven at 180°C/350°F/Gas Mark 4 for 25–35 minutes, until firm to the touch. Cool briefly in the tins (pans), loosen the edges and invert the cakes on to a wire rack to cool.

## Step 3



## Step 5



5 To make the icing (frosting), beat the egg yolk and sherry into the butter cream. Add a little sifted icing (confectioners') sugar to thicken, if necessary. Use half the butter cream to sandwich the cakes together, then sift icing (confectioners') sugar lightly over the top of the cake.

6 Place the remaining butter cream in a piping bag fitted with a large star nozzle (tip) and pipe a row of elongated shells (see page 33) around the top, about 2.5 cm/1 inch in from the edge. Complete the decoration with pecan or walnut halves.



## *Carrot Cake*

This delicious moist cake, full of carrots, apples, pecan nuts and spice with a soft cheese topping, was originally an American favourite, but is now popular in many other countries. The sweet topping is balanced by the wholesome ingredients in the cake, and it is great served with coffee as a mid-afternoon treat. The cake can either be left plain or dredged with icing (confectioners') sugar.

### *Information*

No. of Servings: 8-10

Level of Difficulty: ★

### *Equipment*

20 cm/8 inch round cake tin (pan)

wire rack

## Step 3



25 cm (10 inch) round  
and line with  
parchment.

1 tsp baking powder  
into a bowl.  
sugar until

carrots and apples by  
food processor.

grated carrot and apple,  
chopped nuts, to  
Mix together  
a well in the

eggs and oil, and beat  
roughly blended.

## Step 5



## INGREDIENTS

250 g/8 oz/2 cups  
self-raising flour  
2 tsp baking powder  
1 tsp ground cinnamon  
150 g/5 oz/generous  $\frac{2}{3}$  cup  
light soft brown sugar  
125 g/4 oz carrots  
2 dessert (eating) apples,  
peeled and cored  
60 g/2 oz/ $\frac{1}{2}$  cup pecan  
nuts, chopped  
2 eggs  
150 ml/ $\frac{1}{2}$  pint/ $\frac{2}{3}$  cup  
vegetable or corn oil

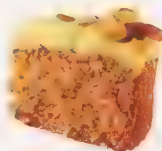
## Topping

90 g/3 oz/ $\frac{1}{2}$  cup full-fat soft  
cheese  
90 g/3 oz/ $\frac{1}{2}$  cup softened  
butter or margarine  
175 g/6 oz/1  $\frac{1}{2}$  cups icing  
(confectioners') sugar, sifted  
grated rind of  $\frac{1}{2}$ –1 orange

## To Decorate

pecan halves  
orange jelly slices

## Step 6



**7** To make the topping, put all the ingredients together in a bowl and beat well until smooth. Spread over the top of the cake and swirl with a round-bladed knife or palette knife (spatula). As it sets, decorate with pecan halves and orange jelly slices.

## Step 7



**6** Spoon into the tin (pan) and level the top. Bake in a preheated oven at 180°C/350°F/Gas Mark 4 for about 1 hour, or until the cake is golden brown and just slightly shrinking from the sides of the tin (pan). Test by inserting a skewer in the centre of the cake; it should come out clean. Invert on to a wire rack and leave until cold.





## CHILDREN'S PARTY CAKES

Novelty cakes for children can be the most rewarding cakes to decorate. Although they will take considerable time to make and perfect, you will be able to really use your imagination and indulge in brighter, more vivid, colours and designs than you would use on more sophisticated cakes. You can use the recipes on the following pages as they are given, or adapt the designs and colours to suit your individual preferences. You may like to personalize the cakes by adding the child's name.

Always allow plenty of time to make the cake and leave it to rest for at least 12 hours, then to prepare and colour the icing, as well as to actually cut and assemble the cake. You must also allow time for the cake to set after the decoration has been completed, so it is best to arrange for it to be finished two or three days before the party. With cakes decorated with moulded animals or other shapes it is best to make these several days in advance if possible, to give them sufficient time to dry; otherwise, they may mark the cake; be particularly careful with the pandas (see page 67), which are made with black sugarpaste. The shapes can be made several weeks in advance and will keep almost indefinitely once dried.



*Delia*

## Happy Lion

This smiling-faced lion made from sponge cake with a butter cream and marzipan decoration will delight children and parents alike. It is perfect for a jungle themed party.

### Information

No. of servings: 10-12

Level of Difficulty: ★ ★

Advance Preparation: 1 day

### Equipment

23 cm/9 inch round deep cake tin (pan)

wire rack

round cake board

pipng bag

large star nozzle (tip)



## Step 2



1. Bake and line a 23 cm/9 inch cake tin (pan).  
2. Bake the cake mixture. Bake in a preheated oven at 160°C/325°F/325°F, allowing about 50-60 minutes for Quick Mix (Pound Cake). Invert the cake and leave for 12-24 hours.

3. Turn the cake board. Using a sharp serrated knife, pare off a thin slice from the top edge of the cake. Turn the cake around the base, using much jam; then brush the top with jam.



4. Pipe the top of the cake with buttercream. Pipe a circle of yellow buttercream or marzipan. Reserve the remaining trimmings.

5. Pipe the butter cream into a piping bag fitted with a large star (tip) and pipe a circle of yellow stars, beginning about 1 inch up the side of the cake and taking them out towards the edge of the cake board. Then

## Step 4



pipe 2 more circles, the third row beginning about 2.5 cm/1 inch in from the top edge on the lion's face, taking it part way down the side of the cake.

5. Roll out half the remaining marzipan or sugarpaste and cut out 2 circles of about 5 cm/2 inches for the ears. Colour a scrap of the

## Step 5



## Step 6



## INGREDIENTS

4-egg Victoria Sandwich (Sponge Layer Cake), Quick Mix Cake or Madeira (Pound) Cake mixture (see pages 11-13)

4 tbsp apricot jam, sieved (strained)

350 g/12 oz/3 cups Marzipan or Sugarpaste (see pages 21 or 29), coloured yellow

yellow, brown and red liquid or paste food colourings

3 quantities Coffee Butter Cream (see page 19)

2 chocolate buttons or beans

few pieces of thin spaghetti

trimmings red for a mouth. Colour the remainder deep brown, roll it out and cut out 2 x 2.5 cm/1 inch circles. Place one in each ear circle. Cut out 2 x 4 cm/1½ inch rounds for eyes and mould the rest into a pointed nose. From the reserved yellow trimmings, form 2 wedges for the muzzle.

6. Squeeze the base of the ears together and attach to the cake with butter cream. Position the eyes, the mouth, the nose and muzzle and attach with butter cream. Use chocolate buttons for eyes and add a small dot of butter cream to each. Stick pieces of spaghetti into the muzzle for whiskers. Leave to set.



## *Baba the Lamb*

Butter cream and sugarpaste are used to create this black-faced woolly lamb in a meadow of flowers.

### *Information*

No. of Servings: 18

Level of Difficulty: ★ ★

Advance Preparation: 1 day

### *Equipment*

30 × 25 cm/12 × 10 inch roasting tin (pan)

wire rack

rectangular cake board

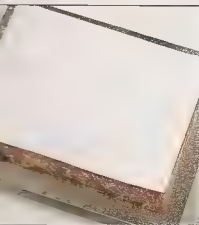
stiff paper or card (board)

pipng bag

small star nozzles (tips)



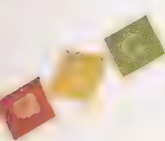
## Step 2



## Step 3



Grease and line a 30 x 25 cm/  
12 x 10 inch roasting tin (pan).  
Spoon the cake mixture evenly in  
the tin. Bake in a preheated oven at  
180°C/350°F/Gas Mark 3 for  
60-65 minutes (1-1½ hours  
for Madeira (Pound) Cake) or until  
firm to the touch. Invert on a wire  
rack and leave for 12-24 hours.



## INGREDIENTS

6-egg Victoria Sandwich  
(Sponge Layer Cake) or  
Madeira (Pound) Cake  
mixture (see pages 12-13)

6 tbsp apricot jam, sieved  
(strained)

350 g/12 oz/3 cups  
Sugarpaste (see  
pages 20-21)

black, green, blue, yellow  
and pink liquid or paste  
food colourings

3 quantities Butter Cream  
(see pages 18-19),  
flavoured with vanilla  
flavouring (extract)

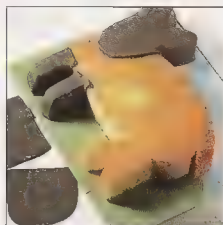
few sugar mimosa balls

**2** Trim the cake and place upside-down on a cake board. Draw the shape of a lamb on a piece of stiff paper or card (board), cut out and position on the cake. The ears and tail can be cut from the cake trimmings. Cut round the template. Cut out and attach the ears and tail with jam. Then brush the cake all over with jam.

**3** Colour 90 g/3 oz/½ cup of the sugarpaste green and roll out thinly. Use to cover the board around the lamb's legs and body up to sky level, attaching it with jam. Color 60 g/2 oz/¼ cup sugarpaste blue for the sky, roll it out thinly and use to cover the rest of the cake board.

**4** Colour the remaining sugarpaste black or brownish-black and roll out thinly. Use to cover the head and ears of the lamb, and then the legs, pressing evenly to the cake. Trim off where it meets the grass and sky.

## Step 4



## Step 5



**5** Add a touch of yellow food colouring to three-quarters of the butter cream. Put it into a piping bag fitted with a small star nozzle (tip) and pipe stars all over the body and tail to touch the head, legs, sky and grass. Add a small star for each eye with a dot of black sugarpaste in the centres. Add a black sugarpaste nose.

**6** Colour a tablespoon of the remaining butter cream pink, and the remainder grass green. Put both into piping bags fitted with star nozzles (tips). Pipe rough patches of grass on the cake board, as in the photograph. Add stars of pink butter cream for daisies and complete with mimosa balls.



## Racing Car

Racing cars come in all shapes and sizes, are usually brightly coloured and can be traditional or modern. Shape the cake to the design of the car you like best.

### Information

No. of Servings: 14–16  
 Level of Difficulty: ★ ★ ★  
 Advance Preparation: 1 day

### Equipment

28 × 18 × 4 cm/11 × 7 × 1½ inches roasting  
 tins (pans)  
 wire racks  
 rectangular cake board  
 piping bag  
 writing nozzle (tip)  
 cocktail sticks (toothpicks)



## Step 3



## INGREDIENTS

2 x 3-egg Quick Mix Cake or Madeira (Pound) Cake mixture, any flavour (see pages 11–13)

6 tbsp apricot jam, strained

1 kg/2 lb/8 cups  
Sugarpaste (see pages 20–21)

blue and black liquid or  
paste food colourings

250 g/8 oz/2 cups Royal  
Icing (see pages 20–21)

4 wooden cocktail sticks  
(toothpicks) or plastic  
skewers



trimmings to build up the car behind the seat. Add a small elongated triangular piece of cake to the top of the bonnet (hood), attaching all with jam.

3 From the other trimmings, cut out 2 wheels of 5 cm/2 inches and 2 of 6 cm/2½ inches. The larger back wheels should be wider than the front ones. Brush the car and tires with jam.

4 Colour 625 g/1½ lb/5 cups of the sugarpaste bright blue. Roll out and use to cover the entire car, moulding to fit all the undulations, but cutting out a piece for the seat so it does not split.

5 Colour 250 g/8 oz/2 cups of the sugarpaste black. Roll out and use a piece to fit inside the seat area

## Step 5



of the car, and to cover the tyres. Mark treads on the tyres with a sharp knife, then attach with cocktail sticks (toothpicks) and a dab of royal icing. Also mould a steering wheel, an anti-roll bar to put behind the seat, and 2 wing mirrors, and attach.

6 Colour the remaining sugarpaste grey, and use for a seat in the car, a front radiator, and trims to the wheels. Colour the royal icing grey and using a No. 2 writing nozzle (tip), pipe spokes on the tyres and a radiator grille on the car. Pipe the age of the child for the car number and, if liked, a name or message on the car or board. Leave to set.

## Step 4



## Step 6





## My Pony

An ideal cake for a child who is mad about horses. Simply find out the colour of his or her favourite pony and make the icing (frosting) the same colour.

### Information

No. of Servings: 18

Level of Difficulty: ★

Advance Preparation: 1 day

### Equipment

30 x 25 cm / 12 x 10 inch roasting tin (pan)

wire rack

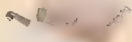
rectangular cake board

stiff paper or card (board)

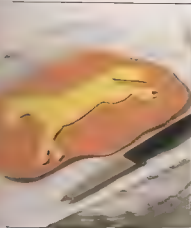
cocktail stick (toothpick)

icing bag

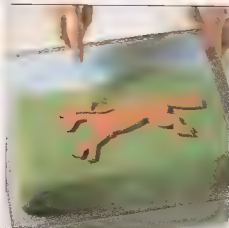
star nozzle (tip)



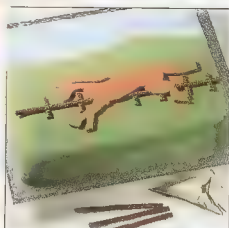
### Step 5



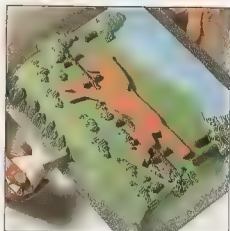
### Step 6



### Step 7



### Step 8



**5** Colour about 175 g/6 oz/ 1½ cups of the sugarpaste the colour of the pony and roll it out large enough to place the template on. Cut carefully around the template. Gently remove the template and then carefully move the horse to the top of the cake, dampening in places so it will stick.

**6** Roll out the trimmings and make a mane, tail and forelock, marking with a knife to make it

### INGREDIENTS

6-egg chocolate-flavoured Victoria Sandwich (Sponge Layer Cake) or Quick Mix Cake mixture (see pages 11–13)

6 tbsp apricot jam, sieved (strained)

875 g/1½ lb/7 cups Sugarpaste (see pages 20–21)

green, blue, black and brown liquid or paste food colouring

1 quantity Butter Cream (see pages 18–19)

long chocolate matchsticks

look realistic. Mark in the features with a cocktail stick (toothpick).

**7** Place the chocolate matchsticks on the cake to form a fence, attaching with butter cream.

**8** Colour the butter cream grass green and put into a piping bag fitted with a star nozzle (tip). Pipe squiggly lines to make a hedge at each end of the fence plus a couple of trees (adding chocolate matchsticks for trunks). Use the remaining butter cream to pipe uneven lengths of grass up the sides of the cake to attach to the board, and random patches of grass on the cake.





## Hot Air Balloon

This pretty, brightly coloured hot air balloon with a basket underneath it is decorated all over with sugarpaste or marzipan shapes.

### Information

No. of Servings: 10-12  
 Level of Difficulty: ★ ★  
 Advance Preparation: 1 day

### Equipment

23 cm/9 inch ovenproof bowl,  
 wire rack  
 rectangular cake board  
 small decorative cutters and sharp knife  
 piping bags  
 small star-shaped cutter

### Step 3



### Step 4



### INGREDIENTS

4-egg Victoria Sandwich (Sponge Layer Cake), Quick Mix Cake or Madeira (Pound) Cake mixture (see pages 11–13)

6 tbsp apricot jam, sieved (strained)

1 kg/2 lb/8 cups Sugarpaste or Marzipan (see pages 21 or 29)

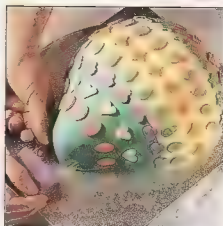
yellow, orange, green and mauve liquid or paste food colourings

1 quantity Butter Cream (see pages 18–19)

4 wooden skewers



### Step 5



### Step 6



Use a 23 cm/9 inch  
proof bowl (about 2.25  
pints/2½ quart capacity)  
Spoon the cake  
into the bowl, making sure  
evenly distributed, and level  
the top. Bake in a preheated oven  
at 180°C/325°F/Gas Mark 3 for  
1½ hours until firm to the  
touch and a skewer inserted in the  
centre comes out clean. Invert on a  
rack and let set for 24 hours.

Turn the cake upside down on a  
rectangular cake board and  
cover with the jam. Take  
125 g/4 oz/1 cup of the  
sugarpaste or marzipan and mould  
it to put at the base of the  
cake to make it elongated.

**3** Colour about 175 g/6 oz/  
1½ cups of the sugarpaste or  
marzipan mauve, then divide the  
remainder into 3 pieces and colour  
them yellow, orange and green  
respectively. Roll out about  
three-quarters of each of the 3 large  
pieces of sugarpaste or marzipan  
and use each to form a wide stripe  
around the balloon, so it is  
completely covered.

**4** Shape 125 g/4 oz/1 cup of the  
mauve sugarpaste or marzipan  
into a small rectangle for the  
basket. Cut out various shapes in  
the different colours of sugarpaste  
or marzipan with a cutter or a

sharp knife and attach them in even  
bands to the balloon to make it as  
pretty and vibrant as possible.

**5** Attach the rectangular piece of  
sugarpaste or marzipan for the  
basket at the base of the balloon  
and stick the skewers into the  
basket and the base of the balloon  
to represent the ropes, as shown.

**6** Colour half the butter cream  
green and the remainder orange.  
Put into piping bags fitted with  
small star nozzles (tips) and use to  
decorate both the basket and the  
balloon. Use a spare piece of green  
sugarpaste to make a banner and  
pipe on a message with the  
buttercream, if liked. Leave to set.



## *Panda's Picnic*

A pretty round decorated cake shows a charming picnic scene with moulded sugarpaste pandas.

### *Information*

No. of Servings: 10-12

Level of Difficulty: ★

Advance Preparation: 1 day

### *Equipment*

23 cm/9 inch deep round cake tin (pan)

18 cm/7 inch cake board

cocktail sticks (pushpicks)

real long flowers (or

long daisies)

20 cm/8 inch cake



## Step 3



and line a 23 cm/9 inch round cake tin (pan). Roll the cake mixture evenly in the preheated oven at Gas Mark 3 for 1½ hours, or until firm. Turn the cake out on a wire rack and leave to cool for 2-4 hours. Trim the cake top-side-down on a large cake board. Brush the top with the jam.

Roll out the green sugarpaste. Roll out, use for the cake and trim.

Colour 90 g/3 oz/¼ cup of the sugarpaste pale yellow and 90 g/3 oz/¼ cup orange. Roll out and cut each colour into 2.5 cm/1 inch square. Press on the cake to make a pattern, dampening to stick.

Colour 375 g/12 oz/3 cups of the sugarpaste black and leave to dry. Colour 1½ cups white for the

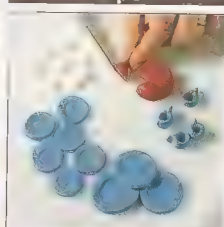
## Step 4



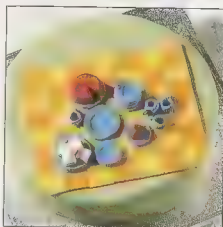
pandas. Make 6 pandas; each needs about 90 g/3 oz/¼ cup sugarpaste. Form balls for the heads and bodies and black U shapes for the legs. Attach the legs, bodies and heads by inserting a cocktail stick (toothpick) through each panda. Add eyes, noses and ears in black and mark features with a cocktail stick (toothpick). Leave to dry.

5 Colour about 90 g/3 oz/¼ cup of the sugarpaste bright blue. Roll out thinly and cut out 3 plates of about 4 cm/1½ inches and 6 of 2 cm/¾ inch. Using a finger, press

## Step 5



## Step 6



into the centre of the plates to give a rim. Mould 6 cups or mugs out of the trimmings. Roll out a little of the white sugarpaste and cut into sandwiches. Draw around the sides with an icing (frosting) pen and place on one of the large plates. Colour the rest of the sugarpaste brown and shape into a cake.

6 Arrange the plates and mugs on the tablecloth, dampening to attach. Colour the butter cream grass green and put into a piping bag fitted with a small star nozzle (tip). Pipe strands of butter cream part way up on the sides of the cake from the base upwards to represent grass. Arrange the pandas on top of the cake and by the side.

## INGREDIENTS

4-egg Madeira (Pound)  
Cake or Quick Mix Cake  
mixture (see pages 11-13)

5 tbsp apricot jam, sieved  
(strained)

1.5 kg/3 lb/12 cups  
Sugarpaste (see  
pages 20-21)

green, black, orange,  
yellow, blue and brown  
liquid or paste food  
colourings

1 quantity Butter Cream  
(see pages 18-19)



## Hickory Dickory Dock Cake

The hands of the clock can point to the age of the child, and the colourings can be varied to suit individual preferences.

### Information

No. of Servings: 18  
Level of Difficulty: ★ ★ ★  
Advance Preparation: 1 day

### Equipment

23 cm/9 inch square cake tin (pan)  
23 cm/9 inch deep round cake tin (pan)  
wire racks  
rectangular cake board  
cocktail sticks (toothpicks)  
artificial flower stems  
piping bag and writing nozzle (tip)



**3** Colour half the sugarpaste pale blue. Roll it and use it to cover the cake on the board. Cover the other cake's sides with two-thirds of the blue sugarpaste and push into the dip in the first cake.

**4** Colour a third of the remaining sugarpaste dark blue and half green. Roll out some of the green sugarpaste and use to cover the face of the clock, just overlapping the edge; then crimp it attractively. Roll the blue and the rest of the green sugarpaste into long sausage shapes. Twist together and place around the base of the clock face.

**5** Use a scrap of the pale blue sugarpaste to form clock hands and attach to the face. Use the remaining pieces of sugarpaste to shape into mice with 2 ears, a long tail, teardrop-shaped body and a black nose, and mark the eyes with a

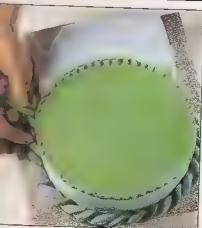
cocktail stick (toothpick). Insert some short lengths of flower stamens for whiskers. Leave to dry.

**6** Using royal icing and a piping bag fitted with a star nozzle (tip), pipe a border of stars around the base of the bottom end of the clock. Pipe small stars on the sides of the clock face and base, and a twisted circle on the face about 2.5 cm/1 inch in from the edge. With a No. 2 writing nozzle (tip), pipe the numbers on the clock and write 'Happy Birthday' and the child's name on the base of the cake. Pipe any extra decorations you might like on the clock. Leave to set, then attach the mice on and around the clock and leave to dry.

Step 3



Step 4



# INGREDIENTS

3-egg and 4-egg Quick Mix Cake mixture (see pages 11 and 13)

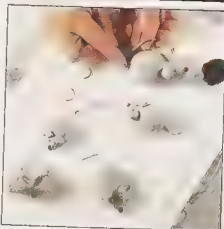
10 tbsp apricot jam, sieved (strained)

1 kg/2 lb/8 cups Sugarpaste (see pages 20-21)

blue, green and black liquid or paste food colourings

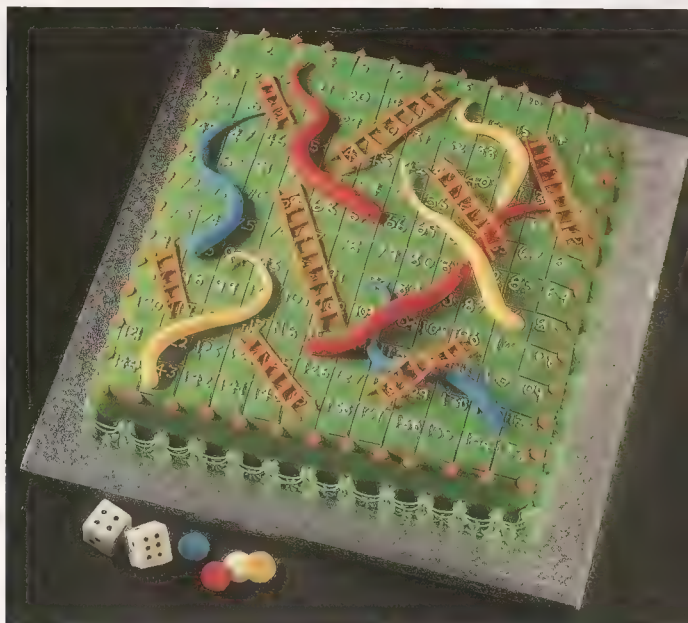
250 g/8 oz/2 cups Royal Icing (see pages 20-21)

Step 5



Step 6





## *Snakes & Ladders Cake*

This is a very popular game which can be played by children at a party before the cake is cut.

### *Information*

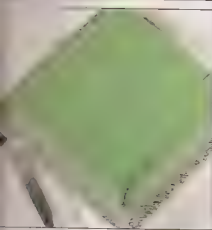
No. of Servings: 18  
level of Difficulty: ★ ★  
Advance Preparation: 1 day

### *Equipment*

25 cm/10 inch square cake pan (tin)  
wire rack  
square cake board  
piping bag  
small and large writing nozzles (tips)  
star nozzle (tip)



## Step 2



1. Colour about 25 g (1 oz) 10-inch square cake. Spread the icing. Bake in a preheated oven at 180°C/325°F for 15-20 minutes. Invert the cake to set for 10 minutes.

2. Turn the cake and place upside-down on a board. Brush all sides with the jam.

3. Colour about 750 g (1½ lb) 6 cups of the sugarpaste green and use to cover the cake, trimming the excess from the base. Using a rolling pin, mark the top of the cake into 2 cm (¾ inch) squares.

## Step 4



## INGREDIENTS

5 egg quantity Victoria Sandwich (Sponge Layer Cake) or Madeira (Pound) Cake mixture, any flavour (see pages 12-13)

5 tbsp apricot jam, sieved (strained)

1 kg/2 lb/8 cups Sugarpaste (see pages 20-21)

green, blue, yellow, red, orange and black liquid or paste food colourings

1 quantity Royal Icing (see pages 20-21)

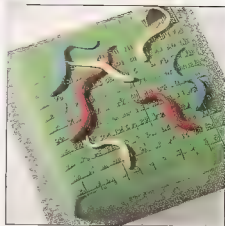


## VARIATION

The colour scheme of this cake can be changed to suit your taste. Try a basic colouring of red, blue or yellow.

4 Colour about 60 g/2 oz/¼ cup each of the sugarpaste red, blue and yellow, and shape these into snakes of various lengths. Place them on the board, as in the photograph. Also shape 4 round counters about 1 cm/½ inch across, each one coloured in a different colour, either red, blue, yellow or white.

## Step 5



5 Colour about half the royal icing pale green, put into a piping bag fitted with a writing nozzle (tip) and pipe numbers on all the squares; then, using a star nozzle (tip), pipe a decoration around the base of the cake with alternate stars and elongated stars. Add loops from star to star with the writing nozzle (tip).

6 Colour the remaining royal icing orange and put into a piping bag fitted with a large writing nozzle (tip). Pipe ladders on the cake, as in the photograph. Finally, use the remaining sugarpaste to make into square dice; add tiny dots of black food colouring to complete the dice.

## Step 6





## Playing-Card Cake

This very simple novelty cake can be adapted to any card suit.

### Information

No. of Servings: 10-12

Level of Difficulty: ★

Advance Preparation: 1 day

### Equipment

28 x 18/11 x 7 inch cake tin (pan)

rectangular cake board

serrated icing scraper

stiff paper or card (board)

large and small heart-shaped cutters

icing bag and small writing nozzle (tip)



## Step 2



## Step 3



Use a shallow 28 x 18 cm/  
11 x 7 inch cake tin (pan) and  
line with baking parchment. Spoon  
the mixture into the tin (pan)  
and bake in a preheated oven at  
175°C/350°F/Gas Mark 5 for  
20 minutes. Cool on a wire rack.



Roll the cake to an oblong  
measuring 20 x 16 cm/8 x 6 1/2  
inches. Cut the cake in half  
lengthways and sandwich it  
together with some of the butter  
icing (frosting). Round off the  
corners slightly and place on a cake  
board. Discard the excess cake.

## INGREDIENTS

2-egg Victoria Sandwich  
(Sponge Layer Cake)  
mixture (see pages 12-13)

1 quantity blue Butter Icing  
(Frosting) (see pages  
18-19)

250 g/8 oz/1 cup white  
Sugarpaste (see  
pages 20-21)

60 g/2 oz/1/4 cup red  
Sugarpaste (see  
pages 20-21)

60 g/2 oz/1/4 cup red Royal  
Icing (see pages 20-21)  
egg white



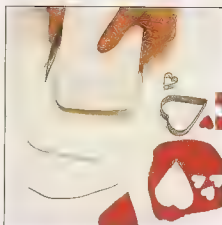
## TO MAKE A TEMPLATE

Draw the exact shape of the top  
of the cake on to a piece of  
baking parchment. Cut a piece  
of card (board) to the same size  
to make the template.

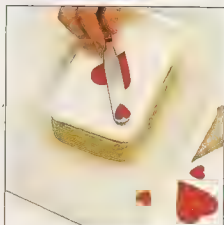
## HINT

If you don't have heart-shaped  
cutters, use a sharp knife to cut  
the sugarpaste into diamonds.

## Step 4



## Step 5



**3** Cover the top and sides with  
butter icing (frosting), making  
the top as smooth as possible and  
using a serrated icing scraper round  
the sides of the cake.

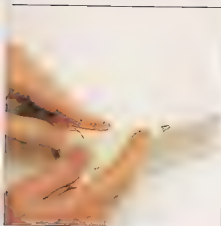
**4** Roll out the white sugarpaste  
and, using a template, cut to  
the exact size of the top of the  
cake. Lift on a rolling pin, lay on  
the cake and smooth evenly (see  
pages 22-23).

**5** Roll out the red sugarpaste and  
use cutters to cut out 1 large  
heart and 4 smaller hearts. Attach  
to the top of the cake with egg  
white. Pipe the letter A over the  
hearts and lines as shown using red  
royal icing.



*Dalila*

## Step 3



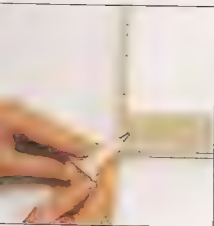
**1** Cover the cake with 3 layers of royal icing (see pages 24–25). Allow the icing to dry between each coat.

**2** Ice the cake board (see page 85).



**3** Fit a piping bag with a No. 43 star nozzle (tip) and half-fill with royal icing. Pipe a row of shells around the top and bottom edges of the cake (see page 33).

## Step 4



## INGREDIENTS

20 cm/8 inch square Rich Fruit Cake (see page 12), covered in Marzipan (see pages 28–29)

2 quantities Royal Icing (see pages 20–21)

$\frac{1}{2}$  quantity Sugarpaste (see pages 20–21)

red and yellow food colouring

## HINTS

Make the Christmas roses well in advance and store in an airtight container in the refrigerator until required.

Instead of piping stamens in the Christmas roses, you can insert bought flower stamens into the holes made with a cocktail stick (toothpick).

**4** Using the same nozzle (tip), pipe another row of shells at each corner.

**5** Shape a piece of sugarpaste the size of a pea into a petal, as for the rose on page 37. Make 4 more petals, pinch on to a small cone of icing. Leave to dry.



## Step 5

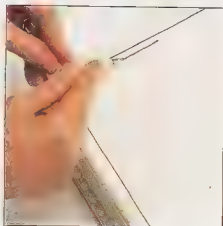


**6** Mark the centre of the flower with a cocktail stick (toothpick), then paint the centre of the flower with yellow food colouring.

**7** Using yellow royal icing and a No. 1 writing nozzle (tip), pipe stamens into the centre and leave to dry. Make 2 more roses.

**8** Using red royal icing and a No. 2 writing nozzle (tip), pipe lines on the sides and on top of the cake, as shown. Pipe 'Merry Christmas', 'Festive Greetings' or your own personal message as you prefer, and arrange the roses on top of the cake.

## Step 8





## Christmas Stocking

This cake idea makes a festive gift for a friend or can be served at a Christmas party or for a family treat.

### Information

No. of Servings: 18

Level of Difficulty: ★ ★

Advance Preparation: 1 day

### Equipment

30 × 25 cm/12 × 10 inch roasting tin (pan)

wire rack

stiff paper or card (board)

rectangular cake board

holly leaf cutter

icing bag

star and writing nozzles (tips)



grease and line a 30 x 25 cm/  
12 x 10 inch roasting tin (pan).  
Fill the cake mixture evenly in  
the tin. Bake in a preheated oven at  
180°C/355°F/Gas Mark 3 for  
1-1.5 hours (1-1.5 hours for  
Quick Mix and Madeira (Pound)  
Cake). Invert on a wire rack  
and leave to set for 12-24 hours.

Roll a stocking shape on stiff  
paper or card (board) the same  
size as the cake and draw 3 or 4  
strips to use for parcels. Cut out,  
trim the cake and cut around  
the templates. Place the stocking  
on the board and brush all over  
with jam. Brush all over the pieces  
of cake for the parcels too.

#### Step 2



#### Step 4



**3** Colour three-quarters of the  
sugarpaste red. Roll out and use  
to cover the stocking (see pages  
22-23). Trim off around the base.  
Make about 6 holly berries by  
rolling small balls of the paste.

**4** Colour 90 g/3 oz/¼ cup of the  
sugarpaste green. Roll it out and  
cut out 18 holly leaves with cutters.  
Use the remaining green paste to  
cover one of the parcels.

**5** Colour half the remaining  
sugarpaste blue and the rest  
yellow. Roll out the yellow  
sugarpaste and cut 2 strips about  
2 cm/¾ inch wide and some small  
stars. Place the strips across the  
stocking. Use the remainder to

cover another of the parcels. Do  
the same with the blue sugarpaste.  
Place the stars and holly leaves in  
position on the strips.

**6** Put some of the royal icing into  
a piping bag fitted with a star  
nozzle (tip) and the rest into a bag  
with a writing nozzle (tip). Use the  
star nozzle (tip) to pipe a  
decorative cuff around the top of  
the stocking. Use the writing  
nozzle (tip) to write 'Happy  
Christmas' and attach the holly  
leaves and berries in bunches. Tie  
ribbons around the parcels and  
position at the top of the stocking  
together with the chocolate coins.  
Leave to set.



#### INGREDIENTS

6-egg quantity Victoria  
Sandwich (Sponge Layer  
Cake), Quick Mix Cake or  
Madeira (Pound) Cake  
mixture, any flavour (see  
pages 11-13)

6 tbsp apricot jam, sieved  
(strained)

750 g/1 ½ lb/6 cups  
Sugarpaste (see  
pages 20-21)

red, green, yellow and blue  
liquid or paste food  
colourings

500 g/1 lb/4 cups Royal  
Icing (see pages 20-21)

narrow Christmas ribbons  
chocolate coins

#### Step 5



#### Step 6





## *Santa's Sleigh*

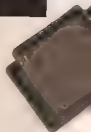
A pretty cake with piles of Christmas presents ready for Santa to deliver to the children makes a wonderful centerpiece or feature on a table before it is served.

### *Information*

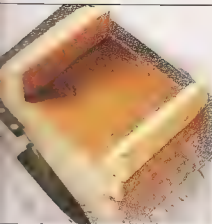
No. of Servings: 10-12  
Level of Difficulty: ★ ★ ★  
Advance Preparation: 1 day

### *Equipment*

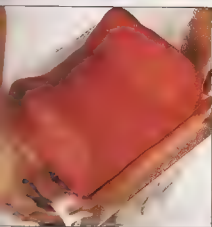
23 cm/9 inch square cake tin (or  
wire rack  
rectang. or cork board  
plastic bag  
sprinkles etc.



## Step 2



## Step 3



Grease and line a 23 cm/9 inch square cake tin (pan). Spread the buttercream evenly in it. Bake in a preheated oven at 160°C/325°F/325°F for about 1–1½ hours. Turn out for Madeira (Pound) cake. The cake is well risen and firm. Turn out and leave on a wire rack for 2–3 hours to set.

Trim the cake and cut a 13 cm/5 inch slice off one side. Cut the remaining cake the same width as the slice. Then cut in half diagonally



and place one piece on each end, as in the photograph. Place the cake on a board. Trim the remaining piece to make a sack.

**3** Brush the cake all over with jam. Colour about 500 g/1 lb/4 cups of the sugarpaste red. Roll out and use to cover the cake (see pages 22–23). Colour 175 g/6 oz/1½ cups of the sugarpaste brown; use 90 g/3 oz/¾ cup to make 2 rolls about 28 cm/11 inches long and place along the base of the sleigh each side for runners. Tilt each end up slightly and put paper towels underneath to hold them in place.

**4** Colour the butter cream deep cream and place in a piping bag fitted with a star nozzle (tip). Pipe decorations around the sides of the sleigh. Use the sweets (candies) to decorate the sleigh and attach a

## INGREDIENTS

5-egg Victoria Sandwich (Sponge Layer Cake) or Madeira (Pound) Cake mixture, any flavour (see pages 12–13)

6 tbsp apricot jam, sieved (strained)

875 g/1½ lb/7 cups Sugarpaste (see pages 20–21)

red, brown, green, yellow and blue liquid or paste food colourings

1 quantity Butter Cream (see pages 18–19)

few coloured sweets (candies)

2 long chocolate matchsticks

chocolate coins and candy stick or rings (optional)

## Step 4



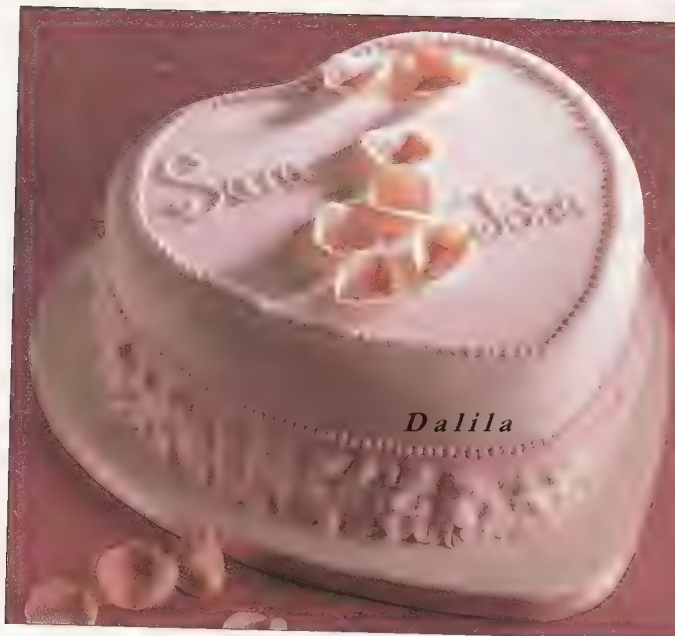
## Step 6



chocolate matchstick on each side with butter cream for the shafts.

**5** Roll out the remaining brown sugarpaste and use to cover the other piece of cake for a sack; place in the sleigh. Colour the remaining sugarpaste blue, yellow and green. Form the green and blue into small parcels and wrap coloured strips round them to resemble ribbons; leave to dry. Mould tiny teddy bears from the yellow paste, mark features with a cocktail stick (toothpick), and leave to dry.

**6** Arrange the parcels, chocolate coins, teddies and candy stick or rings in the sleigh, and attach with butter cream. Leave to set.



## Valentine's Day Cake

If you think that the frills will be too difficult to make, fix a pink ribbon around the cake, attaching it at the top of the heart with a little royal icing.

### Information

No. of Servings: 8-10  
 Level of Difficulty: ★★  
 Advance Preparation: 1 day

### Equipment

heart-shaped cake board  
 cocktail stick (toothpick)  
 Garrett frill cutter or sharp knife and pin  
 piping bag  
 writing nozzle (tip)  
 small paintbrush

## Step 3



Roll the paste in half horizontally and join the two halves together with a little apricot glaze (see page 85). Brush the top and sides with apricot glaze.

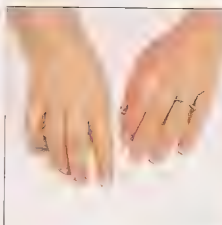


Roll out the sugarpaste and cut out a 18 cm/12 inch heart shape. Roll out the sugarpaste over the cake (see pages 22–23). Trim off the excess sugarpaste, roll into a ball and colour half of it pink. Leave overnight to dry. Cover with apricot glaze (see page 85).

Roll out the pink sugarpaste and cut an oblong shape. Use a frill cutter or a rolling pin. If using a knife, mark the edge with a pin before rolling. Roll to an even shape.

Roll a cocktail stick (toothpick) along the edge of each flute, and roll the stick in and forth to stretch the flutes. Repeat all along to

## Step 4



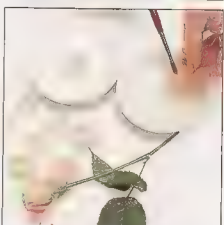
5 Moisten the straight edge of the frill and attach to the side of the cake. Make a white frill and attach above the pink. Make another pink frill and attach above the white frill.

6 Use the pink royal icing and a No. 1 writing nozzle (tip) to decorate the top of the frill, to

## Step 5



## Step 7



make a border round the top edge of the cake and to pipe names on the cake.

7 Whisk the egg white with a few drops of water and coat the rose petals lightly with a paintbrush. Dredge with caster (superfine) sugar and leave to dry before arranging on the cake.

## INGREDIENTS

3-egg Madeira (Pound)

Cake, baked in an

18 cm/7 inch deep heart-shaped tin (pan) (see pages 12–13)

$\frac{1}{2}$  quantity Butter Icing (Frosting) (see pages 18–19)

Apricot Glaze (see pages 28–29)

1 quantity Sugarpaste (see pages 20–21)

pink food colouring

$\frac{1}{2}$  quantity pink Royal Icing (see pages 20–21)

1 egg white

rose petals

caster (superfine) sugar, for dredging

## HINT

If you knead equal quantities of flowerpaste (see page 21) and sugarpaste together, the icing (frosting) will be more malleable.



## *Mother's Day Cake*

For an even prettier decorative effect, pipe dots on the bows using royal icing to introduce extra colour, matching it to the ribbons and roses if desired. Make the cake the day before you cover it with the butter icing (frosting) and then leave the covered cake to dry overnight before attaching the twists and bows to avoid marking the icing (frosting).

### *Information*

No. of Servings: 8

Level of Difficulty: ★

Advance Preparation: 1–2 days

### *Equipment*

round cake board

cocktail stick (toothpick)



1 Split the cake in half and sandwich with butter icing.

2 Fill in any imperfections with butter icing (frosting) and brush the cake with warm apricot glaze. Roll out but 30 g/1 oz/¼ cup of the sugarpaste to cover (see pages 20–21). Leave overnight to dry.

3 Mark the cake, using a cocktail stick (toothpick), at 12 cm/5 inch intervals all round the side.

4 Knead the remaining 30 g/1 oz/¼ cup of the sugarpaste with the flowerpaste until smooth.

5 Roll half the sugarpaste into a long strip and cut 6 strips

measuring 14 cm × 5 mm/  
5½ × ¼ inches.

6 Twist 1 of the strips and secure to the cake at the marks with a little egg white. Twist the remaining 5 strips and attach in the same way.

7 Roll out the remaining sugarpaste and cut 6 strips measuring 12 cm × 5 mm/5 × ¼ inches. Trim the ends as shown. Fold the ends to cross in the centre, dampen with the egg white where they all meet and press with the back of a knife to form a bow.

8 Attach the bows with egg white to the cake at the joins where 2 twists meet.

9 Arrange the roses on top of the cake and the ribbon around the base.

#### TO COVER THE CAKE BOARD

Moisten the cake board and cover with thinly rolled sugarpaste. Trim the sugarpaste level with the edge of the board and leave to dry before putting the cake in the centre

Step 6



Step 7



#### INGREDIENTS

3-egg Madeira (Pound)  
Cake mixture (see pages  
12–13), baked in an  
18 cm/7 inch deep  
cake tin (pan)

½ quantity Butter Icing  
(Frosting) (see pages 18–19)

½ quantity Apricot Glaze  
(see pages 28–29)

1 quantity Sugarpaste (see  
pages 20–21)

30 g/1 oz/¼ cup  
Flowerpaste (see page 21)

egg white

3 moulded roses (see  
page 37)

ribbon

Step 8



Step 9





## *Simnel Cake*

This traditional Easter cake is a moderately rich fruit cake with a layer of marzipan baked in the centre and a marzipan decoration of spring daffodils on top.

### *Information*

No. of Servings: 20  
Level of Difficulty: ★ ★

### *Equipment*

18–20 cm/ 7–8 inch round cake tin (pan)  
sheets of newspaper  
wire rack  
5-petal flower cutter  
small paintbrush



## Step 3



Line an 18–20 cm/7–8 inch cake tin (pan) with a double layer of greaseproof baking parchment.

Sift the flour, salt and spices into a bowl. In a separate bowl, mix the dried fruits with the peel, cinnamon, ginger and orange rind.

Beat the butter and sugar together until fluffy. Beat in the eggs one at a time, following each with a spoonful of the flour. Fold in the remaining flour, followed by the fruit mixture and orange juice. Mix in half of the cake mixture into the tin (pan).

Roll out one third of the marzipan to a circle the size of

## Step 4



## INGREDIENTS

250 g/8 oz/2 cups plain (all-purpose) flour

pinch of salt

1 tsp ground cinnamon

$\frac{1}{2}$  tsp each ground allspice and nutmeg

175 g/6 oz/1 cup sultanas (golden raisins)

125 g/4 oz/ $\frac{1}{2}$  cup currants

125 g/4 oz/ $\frac{1}{2}$  cup raisins

60 g/2 oz/ $\frac{1}{2}$  cup cut mixed (candied) peel

60 g/2 oz/ $\frac{1}{2}$  cup glacé (candied) cherries, quartered, washed and dried

45 g/1½ oz/ $\frac{1}{2}$  cup stem ginger, chopped

grated rind of 1 orange

175 g/6 oz/ $\frac{1}{2}$  cup butter

175 g/6 oz/1 cup light soft brown sugar

3 eggs

1–2 tbsp orange juice

625 g/1¼ lb Marzipan (see pages 28–29)

apricot jam, sieved (strained)

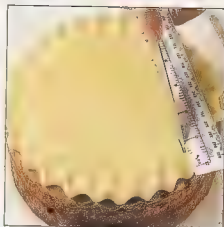
orange food colouring

yellow ribbon

the tin (pan). Lay over the mixture and cover with the remaining mixture. Tie several layers of newspaper around the tin (pan).

**5** Bake in a preheated oven at 160°C/325°F/Gas Mark 3 for 2–2½ hours until the sides are just shrinking away from the tin (pan).

## Step 6



Leave 10 minutes, invert on to a wire rack and leave until cold.

**6** Roll out half the marzipan into a circle and attach with jam. Decorate the edge and mark a criss-cross pattern with a knife.

**7** Roll some of the remaining marzipan into 11 small balls and arrange around the edge. Roll out the remaining marzipan to make the daffodils. Cut out 8 shapes with a 5-petal flower cutter and 1.5 cm/ $\frac{1}{2}$  inch circles. Bend the circles into cups and attach to the centre of each daffodil. Leave to dry, then paint the rims with food colouring. Arrange on the cake and finish with a ribbon.

## Step 7





## Twenty-first Birthday Carnation Cake

A simple design that can be adapted to suit many different occasions. Instead of the trellis work you could fill the scallop shapes with lacework (see page 33).

### Information

No. of Servings: 20-24

Advance Preparation: 1 day

Level of Difficulty: ★ ★

### Equipment

round cake board  
straw mat for marking

icing bag  
writing needles  
star-shaped tip



## Step 2



## INGREDIENTS

20 cm/8 inch square  
Rich Fruit Cake or Madeira  
(Pound) Cake (see pages  
12-14)

6 tbsp apricot jam, sieved  
(strained)

1 quantity Marzipan (see  
pages 28-29)

700 g/1½ lb Sugarpaste (see  
pages 20-21)

1 quantity Royal Icing (see  
pages 20-21)

liquid or paste food  
colourings in tangerine or  
orange and pink

narrow peach ribbon

about 10 pale peach moulded  
leaves, 2-3 large peach  
moulded roses and about 20  
small peach moulded roses  
(see pages 36-37)

## Step 4



## Step 5



## Step 6



**3** Now make the side template.  
Cut a piece of stiff paper to the  
length of one side of the cake and  
5 cm/2 inches deep. Fold in half  
widthwise and draw three concave  
arcs: the first one 2 cm/¾ inch deep;  
the second 1 cm/½ inch deep; and  
the third 3 cm/1½ inches deep. Cut  
out the arcs, open up the template  
and place against one side of the  
cake. Using the white royal icing  
and the writing nozzle, outline the  
template. Repeat on the other three  
sides, joining up the corners. Pipe a  
second outline inside or outside the  
first outline. Leave to dry.

**4** Colour the remaining white  
royal icing pale peach by using  
tangerine or orange food colouring  
with a touch of pink. Put some of  
the peach icing into a piping bag  
fitted with a small writing nozzle

and pipe an all-over lace pattern  
between the side and top outlines  
of the cake (see pages 32-33).

**5** Overpipe the white inside  
outline on top of the cake with  
the peach icing. Put some more  
peach icing into a piping bag fitted  
with a small star nozzle and pipe a  
border of stars all round the base  
of the cake. Attach the ribbon  
around the cake board with icing.

**6** Attach one smaller rose with a  
stamen and a leaf to each corner  
of the cake with icing and then  
arrange the remaining flowers and  
leaves on top of the cake, as shown,  
attaching with more icing. Leave to  
set before serving.



## Three-Tier Wedding Cake

This elaborate design uses very fine trelliswork which can be worked as either squares or diamonds. The trelliswork can be overpiped in a pastel pink to match the flowers. These roses have been tinted at the edges with pink confectioners' dusting powder (petal dust).

### Information

No. of servings: 60-80  
Advance Preparation: 2 days  
Level of Difficulty: ★ ★ ★

### Equipment

square cake boards  
straight pin for marking  
piping bag  
writing and star nozzles (tips)  
8 white pillars



## Step 3



cover the cakes with 3 layers of royal icing (see pages 24–25), allow the icing to dry between coats. Then ice the cake boards (see page 85).

Mark the centre point of each side on the top of the cakes. Join the points by drawing a line with a pin to form a diamond shape.

Fill a piping bag with a No. 2 writing nozzle (tip), half-fill with white royal icing and pipe a border (see pages 32–33) to cover the cake boards.

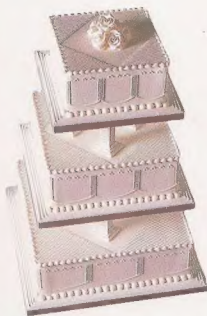
Pipe a trellis (see page 33) in the corners of the cakes and leave to dry.

## INGREDIENTS

15 cm/6 inch, 20 cm/8 inch and 25 cm/10 inch square Rich Fruit Cakes (see page 12 and 14), covered with Marzipan (see pages 28–29)

2.25 kg/5 lb/20 cups Royal Icing (see pages 20–21)

5 white moulded roses (see pages 36–37)



## Step 5



8 Pipe 3 loops at the base of each set of vertical lines and a series of dots in groups of 3 along the top. Using the same writing nozzle (tip), pipe 3 parallel lines on the boards.

9 Assemble the cakes, using 8 white pillars for the structure, and arrange the moulded roses on top of the uppermost cake.

## FINISHING TOUCH

Tie, or attach with dabs of royal icing, a pale pink or white ribbon around each of the cake boards.

## Step 4



5 Using a No. 42 star nozzle (tip), neaten the edges of the trellis by piping a row of shells.

6 Using the same nozzle (tip), pipe a shell border (see page 33) at the bottom edge of each cake.

7 Using a pin, mark 2 equidistant points along each side of each cake. Using a No. 2 writing nozzle (tip), pipe 5 vertical lines from the top of the cake to within 2.5 cm/1 inch of the base.

## Step 8



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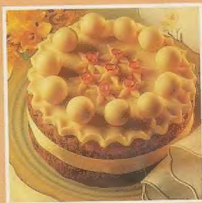
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*A lavish range of decorated cakes, from fun novelty cakes to ornate wedding cakes, is featured in this beautiful cook-book. All the recipes are suitable for either the beginner or advanced cake decorator. Along with mouth-watering gâteaux and classic cakes, there are recipes and decorations for unusual and exciting children's party cakes and for special occasions or celebrations, such as birthdays, weddings and holidays.*

*An introduction offers detailed instructions on baking cakes, with information on equipment for icing and decorating cakes. This is followed by a chapter on different types of icings (frostings) and special techniques for making a variety of attractive or interesting shapes, including animals and flowers.*

*All the recipes and techniques contained in this endlessly useful book are easy to follow, with step-by-step instructions and colour photographs of the finished cake.*



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